

## PATIENT TESTIMONIAL

Dear patient,

We hope to educate and tell others about the effectiveness of chiropractic care on our patients. Please take a few minutes and let others hear about how chiropractic care has benefited your health &/or your family. Here are a few sample questions to help you.

- Describe your overall health prior to chiropractic care?
- How has chiropractic care changed your life?
- What would you say to a friend or family member who was curious about chiropractic care?
- What has pleased you the most in your course of treatment at our practice?

Before my first visit to Total Balance, I was experiencing some pretty severe and debilitating back and neck pain.

I was plagued with constant discomfort and frequent headaches. Work, sleep and everyday activities were painful.

Within a few weeks to a month of starting Chiropractic Care, I was feeling significant improvement. My headaches subsided and my back pain faded. Now, my entire body feels better with greatly improved strength, balance and posture. ~~I~~ I would definitely recommend Chiropractic care to anyone who asked me about it. It has relieved so much pain and discomfort. The team at Total Balance have been extremely friendly and helpful while treating me, and they have provided me with a lot of knowledge which I can use to continue living healthily and pain-free.

Name: Duncan Simpson

Occupation: IT Support Analyst