



Preventive measures for COVID-19

Spinecare is committed to strict adherence to infection control policies and procedures and will ensure full compliance set by MOH on preventive measures to the COVID-19 to keep our staff and patients safe. Below are the steps that we will undertake:

Spinecare:

1. **ALL** patients entering the clinic will be scanned with **Infrared Forehead Thermometer**. Anyone with a high temperature will be barred from entering.



2. All contact surfaces such as treatment beds, chairs and door knobs will be **wiped with disinfection solution after every patient visit**





3. All staff will be wearing **face masks at all times**. In addition, the Doctor will be wearing **disposable latex gloves** during each treatment session.



4. Hand sanitizers will be provided to staff and patients at the reception counter. In addition, Doctor will sanitize their hands after every patient visit



5. Chairs in the waiting room will be spread apart to allow social distancing. Staff will limit the number of patient appointments and flow of patients to ensure social distancing can be enforced.



Patients:

1. **DO NOT** come to Spinecare if you have symptoms such as cough, fever or shortness of breath
2. **DO NOT** come to Spinecare if you have been in contact with known Covid-19 cases in the last 2 weeks or you have history of travel
3. Please come to Spinecare **alone, or with 1 family member/driver ONLY**
4. Wear face masks at all times and use the hand sanitizer provided