Jane Boyle - Patient Testimonial

I have been under the care o chiropractic professionals for over 30 years. In my early twenties I suffered from debilitating lower back pain, which was when I first consulted a chiropractor. I have been to many over the years.

While I have had not major health traumas my body and posture suffer as a result of my work which is mostly sedentary.

When I first visited Total Balance Chiropractic, I was in good health but had slight discomfort in my shoulders, neck and lower back. I have always found that regular chiropractic treatment ensures that my body stays aligned and prevents these slight discomforts from developing into painful and debilitating symptoms (which I have had happen in the past when I have ignored my body and not sort treatment early).

My belief and trust in chiropractic medicine is such that I consulted chiropractors during my pregnancies and had my children receive their care from the time they were infants.

The treatment I have received since going to Total Balance Chiropractic and in particular from Terry Chen has be thorough and caring, I have really noticed positive results. My posture is more stable and over all I feel stronger.

I would not hesitate in recommending chiropractic treatments and in particular the care and ministrations of Terry Chen.

Jane Boyle - Golf Club Manager