

PATIENT TESTIMONIAL

Dear patient,

We hope to educate and tell others about the effectiveness of chiropractic care on our patients. Please take a few minutes and let others hear about how chiropractic care has benefited your health &/or your family. Here are a few sample questions to help you.

- Describe your overall health prior to chiropractic care?
- How has chiropractic care changed your life?
- What would you say to a friend or family member who was curious about chiropractic care?
- What has pleased you the most in your course of treatment at our practice?

Prior to visiting Total Balance Chiropractic my overall health was good. I had on going shoulder and knee pain which has ceased since my visits, my posture was good but I notice its even better and I am more conscious of it. After each visit (except the 1st hands on) I was energised and felt taller which lasted from week to week visits. I would recommend ~~my~~ family and friends try your practise as it has a holistic approach which was great, well informed. Improved sleep and standing taller remembering posture are all pleasing results of my visits thank you

Name: Rose McLeod

Occupation: personal trainer/mother.