

## **PATIENT TESTIMONIAL**

Dear patient,

We hope to educate and tell others about the effectiveness of chiropractic care on our patients. Please take a few minutes and let others hear about how chiropractic care has benefited your health &/or your family. Here are a few sample questions to help you.

- Describe your overall health prior to chiropractic care?
- How has chiropractic care changed your life?
- What would you say to a friend or family member who was curious about chiropractic care?
- What has pleased you the most in your course of treatment at our practice?

Hi,

- For many years I have believed that Chiropractic care is an essential part of staying healthy!!
- Before I received treatment at Total Balance Chiropractic Hamilton, I already knew there was something terribly wrong with my posture!! Then the dreaded migraines began ☹
- Now I feel freer in my neck movements, and the lower back limitations and pain I had experienced no longer exist!! I also stand straighter without slouching forward!!
- I encourage all my friends and family to visit Total Balance Chiropractic Hamilton and experience new techniques that are like no other chiropractic care that my family and I have had before, and we have been to many different Chiropractors !! Even in different countries!!
- The information I have received regarding sitting, lying and sleeping, even the shoes I wear!!, to improve posture, has been invaluable!!
- I am a very grateful to the team at Total Balance Chiropractic Hamilton for educating me to -

**LIVE HEALTHY!!!**

Name: Sherri

Occupation: Administration